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CHARACTER BUILDERS MONTHLY NEWSLETTER

FRANKLIN ELEMENTARY SCHOOL APRIL 2023 | COPLEY PRICE FAMILY YMCA | YMCASD.ORG

CHARACTER BUILDERS



APRIL 2023 AT CBI!

We can't wait for another fun month at Character Builders!

Space

This month we are traveling to a galaxy far, far, away as we explore SPACE! We can't wait to learn all about the planets, stars, and space crafts in this month's super fun crafts and science experiments!

Program Highlights

Some of our highlighted activities this month include:

- Oreo Moon Phases
- Coffee Filter Planets
- Fizzing Jupiter

Sometimes our curriculum activities include using recycled items that can be found in your homes. If you have any extra toilet paper or paper towel rolls (the cardboard in the middle), cardboard egg cartons or empty water bottles, please feel free to pass them along to your site supervisor.

Program Reminders

April Minimum Days: **Every Wednesday**

April Holidays(NO SCHOOL/PROGRAM): **NONE**

HEALTHY RECIPES

Provided by healthykidshealthyplanet.org

Cool & Green Turtle Bean Wrap



Ingredients: 2 large, 10in flour tortillas

2 cups romaine lettuce, 1 cu of cooked black beans, 1 avocado mashed, 1 cup chopped tropical fruit, 1/4 cup corn kernels, 1/4 cup pumpkin seeds

Dressing: Mix 1 Tablespoon cashew mayo with 1 Tablespoon lime or orange juice and 1 Tablespoon maple syrup

Instructions: In saucepan, warm tortilla over medium-low heat to soften. Meanwhile, in a large bowl, toss remaining ingredients. Wrap up inside warm tortillas and enjoy!

REMINDERS/UPDATES

- **Please remember to bring your Government Issued ID for pick-up.**

CONTACT US

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